

Need to talk to a mental health professional?

If you live in Hawai'i (other than Oahu), you are in luck!
The Hawai'i State Rural Health Association is supporting FREE telecare
for the rest of 2020!



FOLLOW THE LINKS AND
TALK TO A HEALTHCARE
PROFESSIONAL
VIRTUALLY ON YOUR
PHONE OR COMPUTER
LEARN MORE AT:

[HTTP://MENTALHEALTH
HAWAII.INFO/](http://mentalhealthhawaii.info/)

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FOR MENTAL HEALTH APPOINTMENTS
MONDAY - FRIDAY

<https://mentalhealthhawaii.info/>

SCHEDULE ALL OTHER HEALTH APPOINTMENTS HERE:

<https://ahec.jabsom.hawaii.edu/directory-search/start>