

LĀNA'Ī AND COVID-19



As of April 10th, Lāna'ī remains COVID-19 free. However, it is imperative we be mindful of precautions and we're still preparing for this pandemic should it reach our shores. So Lāna'ī medical providers and first responders have developed a Lāna'ī-specific set of Frequently Asked Questions [FAQs].

TESTING

- **Who should get tested on Lāna'ī?**

Call your health care provider before going to a testing site. They have been advised to ask these two questions: Has the patient had close contact with a person with laboratory confirmed COVID-19 infection? Has the person traveled outside of Hawai'i?

- **Where can you get tested on Lāna'ī?**

Testing on Lāna'ī is being conducted at the Lāna'ī Community Health Center, Straub Lāna'ī Clinic and the Lanai Community Hospital.

- **How long before you get results?**

Most testing results have been available within 3-4 days but can take up to 10-14 days after the test.

CAPACITY

- **What happens if our medical providers get COVID-19?**

All of our medical providing agencies have established contingency plans that will keep them responsibly staffed.

- **The most serious cases of COVID-19 patients will be flown out to either O'ahu or Maui for advanced treatment.**

For those without Air Med Care flight insurance, now may be a good time to sign up at 800-793-0010.

TRACKING

- **You may have been in contact with someone who has been diagnosed with COVID-19. Who will contact you?**

Tracking of individuals is being conducted by Hawaii State Department of Health and the Maui Visitor's Bureau.

EQUIPMENT

- At this time, Lāna'ī medical providers have personal protective equipment (PPEs) for the near future, with access to additional equipment when needed, but there is no guarantee of access (that varies depending on demand). There are global shortages that are very serious; therefore, professional equipment must be saved for health care providers.

**Wash your hands
frequently, for at least
20 seconds.**

**Stay at least 6 feet
away from others.**

Better yet, STAY HOME!

TESTING POSITIVE

If you've been tested for COVID-19 and the results are positive, here's what you need to do:

- **STAY HOME.**

Do NOT go to the pharmacy, store, post office or anywhere else outside of your home. If you are quarantined, everyone in that house must be quarantined as well. See below for how to get your groceries, mail, medicines, etc. delivered at a safe distance to your home by Lānaʻi volunteers.

- **As much as possible, stay in a separate room/area from others within your home. If possible, use a separate bathroom.**

If that's impossible, wear a mask, avoid sharing personal items like dishes, bedding, towels, etc. Store personal items, like toothbrushes, separately. Make sure to clean all items that are touched, like doorknobs, light switches and counter tops.

- **Make a list of everyone with whom you've had close contact.**

Department of Health will contact you for this.

- **Get plenty of rest and stay hydrated.**

- **For medical emergencies, call 911 and notify dispatch that you have COVID-19.**

Emergency warning signs are trouble breathing, persistent pain or pressure in the chest, newly developed confusion, difficulty waking up and bluish discoloration of lips or around mouth.

- **Cover your coughs and sneezes with your elbows or a tissue and discard the tissue and wash your hands.**

- **Wash hands often with soap and water for at least 20 seconds or use hand-sanitizer.**

- **Contact Lānaʻi COVID Volunteer Service Team at 808-565-8003.**

They will arrange for someone to pick up your outside-the-house necessities like your mail, groceries, and medicines and deliver them to your doorstep. While a credit card is preferred for those purchases, alternative methods can be explored with our merchants.

THIS IS A FREE, CONFIDENTIAL SERVICE PROVIDED BY LĀNAʻI VOLUNTEERS.



**YOUR LĀNAʻI POLICE,
FIREFIGHTERS, EMT RESPONDERS
and HEALTH CARE PROVIDERS
ARE PREPARED.**